# **Sunday 3rd November – Connect Group Notes**

## **God does give you more than you can handle – 1 Kings 19:1-18**

## **1: Elijah had just won a great victory for God (1 Kings 18)**

How should he have been feeling? What happened to change this?

2: **In what ways did Elijah’s response to Jezebel’s threats demonstrate his**

**humanity and vulnerability (1 Kings 19:1-5)**

What really caused Elijah to run away?

What causes us to run and hide away metaphorically?

If you were in Elijah's position, how would you have reacted to the threats from Jezebel?

**3: What do the angel's intervention and provision during Elijah's despair**

**teach us about God's care?**

Can you give examples of times when you have felt that God was

providing for you in extreme circumstances?

**4: What was Elijah disillusioned with?**

The people – Was it true that the people were ‘a lost cause’?

The saints – Were there no other believers?

God – Was it true that God was not doing anything?

Who do we get disillusioned with?

**5: Why does God ask Elijah “what are you doing here?” (1 Kings 19: 9,13)**

Would God ask us this question?

Where does the question imply Elijah should be?

Where does God expect us to be and what does he expect us to be doing?

**6: Elijah felt alone in his faith.** Can you identify with this?

**7: Elijah was in total despair – he wanted to die – he could not carry on**

When we feel like that how helpful is it when people tell us it’s all in God’s plan and that he will not test us too far?

In what ways can Christians, trying to be helpful be totally insensitive?

Are we guilty of that insensitivity – what lessons do we need to learn?

**8: Elijah found God in the “still, small voice”.** Where do we find God?

**9: How does this chapter challenge us in our faith and in our Christian lives?**

**We had a video testimony from a friend of Fiona Moore’s who lives in Isarel about her perspective on this platitude. You can watch it here**: [Download Attachment](https://www.icloud.com/attachment/?u=https%3A%2F%2Fcvws.icloud-content.com%2FB%2FAf4dwDfCxjgTPt1PMJEbH6lmh3ONAcfoOsbnTESeji27xtMu6w-fc6n9%2F%24%7Bf%7D%3Fo%3DAu2-enReefx9UQssb1SfRwl6icGvoz1n4_JmzNyrIaEQ%26v%3D1%26x%3D3%26a%3DCAogFAdFj4FxdzCT3NCUCdOyJST79qvpmE49wsMAvyINklkSeBDEq7jJqzIYxLuznbUyIgEAKgkC6AMA_wT2eVVSBGaHc41aBJ9zqf1qJiQzkmQ-nf2PYDyGtGdys0j_5L2Uzsijc6ioYUBr4V39GXz-jUJXciYNEIE-H6ZAKTkElSf8LqtWVjCXAnSKQDusVv6Ad-I68jzC_4lSRg%26e%3D1732275658%26fl%3D%26r%3D008E598D-A40F-43F3-A791-FED4B11BFEA9-1%26k%3D%24%7Buk%7D%26ckc%3Dcom.apple.largeattachment%26ckz%3D9F75F2A6-7F84-4AA3-A062-6C607A3C3884%26p%3D41%26s%3Drgh7xjmvx0BbSLMNL13xtvjnlvY&uk=fO0PbH6hXHD1rLMaXR_DhA&f=Video.mov&sz=55338248) [Available until 22 Nov 2024](https://www.icloud.com/attachment/?u=https%3A%2F%2Fcvws.icloud-content.com%2FB%2FAf4dwDfCxjgTPt1PMJEbH6lmh3ONAcfoOsbnTESeji27xtMu6w-fc6n9%2F%24%7Bf%7D%3Fo%3DAu2-enReefx9UQssb1SfRwl6icGvoz1n4_JmzNyrIaEQ%26v%3D1%26x%3D3%26a%3DCAogFAdFj4FxdzCT3NCUCdOyJST79qvpmE49wsMAvyINklkSeBDEq7jJqzIYxLuznbUyIgEAKgkC6AMA_wT2eVVSBGaHc41aBJ9zqf1qJiQzkmQ-nf2PYDyGtGdys0j_5L2Uzsijc6ioYUBr4V39GXz-jUJXciYNEIE-H6ZAKTkElSf8LqtWVjCXAnSKQDusVv6Ad-I68jzC_4lSRg%26e%3D1732275658%26fl%3D%26r%3D008E598D-A40F-43F3-A791-FED4B11BFEA9-1%26k%3D%24%7Buk%7D%26ckc%3Dcom.apple.largeattachment%26ckz%3D9F75F2A6-7F84-4AA3-A062-6C607A3C3884%26p%3D41%26s%3Drgh7xjmvx0BbSLMNL13xtvjnlvY&uk=fO0PbH6hXHD1rLMaXR_DhA&f=Video.mov&sz=55338248)