# Sunday 23rd March – The Heart of the Message - Connect Group Notes

## Jonah 3:1-10

﻿Some suggestions for discussion and sharing.

1. Repentance

Read through some or all of the Sermon on the Mount Matthew 5-7. Discuss the areas that you find most challenging. Are there areas where we need to repent? How can we help one another change our ways so that we become more like Jesus?

2. God changing society

Share any stories about people coming to faith especially recently in this country. You can extend this to include experiences from other countries. Are people aware of changes in society that show that people are becoming more sympathetic to the Christian faith?

3. Spend some time praying for our country (and others) especially for Influences of opinion to become more open to the Gospel. Pray for Christians to demonstrate repentance and become more faithful followers of Christ, especially in the ways outlined in the Sermon on the Mount.

A very good source of positive changes in our society is the work of Justin Brierley in his books, specifically “The Surprising Rebirth of Belief in God (2023). Also his podcasts and radio show on Premier Christian Radio, “Unbelievable?”.